

LE CENTRE DE KARATÉ PEREZ PRÉSENTE:

11E BUDO

GIANT CHALLENGE

第11回武道ジャイアントチャレンジ



記念



大会

Championnat tenu en l'honneur de Shihan Jacques Sandulescu

25 OCTOBRE 2025

• KATA • KATA ÉLITE • KUMITE •



ÉCOLE LOUIS-PHILIPPE-PARÉ
235 BD BRISEBOIS, CHÂTEAUGUAY, QC J6K 3X4

WWW.BUDOGIANT.COM





Invitation letter to the 11th Budo Giant Challenge 2025

Dear Shihan, Sensei, and Senpai,

It is our pleasure to invite you to the eleventh edition of the semi-contact and full contact Budo Giant Challenge, to be held on October 25, 2025.

Le Centre de Karaté Perez IKO Inc. is proud to organize this tournament for all categories of students wishing to participate in kata, elite kata, and fighting events (juniors, teenagers, adults, and this year, seniors). This competition is open to children aged 5 and over, as well as women and men of all ages.

Please review the document carefully as modifications have been made to the semi-contact fighting rules. **No chest protector for ages 11 and over this year*** Disqualification without refund if the measured weight at the competition differs too greatly from the one recorded at registration (5 pounds or more) *****

We will begin in the morning with all events for children aged 5 to 13, namely the kata division followed by semi-contact fighting. In the afternoon, we will proceed with the categories for ages 14 and up, namely the kata division, elite kata, followed by semi-contact kumite with equipment. There will also be a "Full Contact" category FOR AGES 18 AND OVER.

This competition will be held in honor of the memory of **Shihan Jacques Sandulescu**. All information and registration documents can be found on the website: www.budogiant.com

Registrations must be completed and received before October 11, 2025, in order for us to organize and finalize the categories.

We look forward to welcoming you in great numbers. Osu.

Hugo A. Perez, Shihan
Directeur Budo Giant Challenge

Budo Giant Challenge 2025

Saturday, October 25, 2025, Louis-Philippe-Paré School, 235 Brisebois Blvd, Châteauguay, QC J6K 3X4

General Information

Deadline for submission of registrations:

October 11, 2025. Any registration made after this date will be rejected. No on-site registration will be accepted.

Each dojo director must register their dojo by clicking on the registration link on the website www.budogiant.com so that their students can then register online. At the end of each registration, both the student who registered and the director of their dojo will receive a registration confirmation with all the details. It is the responsibility of each person to verify that all information is accurate and to contact the organizers in case of an error.

***** Please note that a participant's weight may be subject to verification by the competition officials and that a significant difference between the recorded weight and the verified weight (5 pounds or more) may result in the participant's disqualification without refund. *****

***Payment of registration fees :**

*On October 25, each dojo director must go to the "dojo directors' table" in order to pay, in cash, the registration fees for all of their students. Volunteers will not ask each student to pay their individual registration fees at the time of their check-in.

Only one cash payment per dojo is required.

- The registration fee is \$65 per participant for one or two events.

The fee for Full Contact is \$65. If the Full Contact participant also registers for elite kata, the fee will be \$80.

- Participants must be able to confirm their age with a valid photo ID at the time of check-in. Example: health insurance card/passport.
- A parent or legal guardian must sign the individual registration form for any participant aged 17 or under.

Budo Giant Challenge 2025

Categories and Subcategories

Registered participants will be grouped into pre-established categories according to the type of event, age, belt level, gender, and weight. Please refer to the category tables.

A minimum of 2 participants per category is required. If only one participant is registered in a given category, they will either be reassigned or refunded. If there are too many participants registered in the same category, that category will be subdivided into two or more subcategories (the organizers reserve the right to merge categories).

Guidelines for “Full Contact/One Match” participants :

- Weigh-in is mandatory for all “Full Contact/One Match” fighters. They must present themselves on the day of the competition at 12:00 p.m. (before lunch) in order to complete their registration.
- For reasons of fairness and safety, ensure that the weight of each registered fighter is as accurate as possible. Please note that a significant discrepancy (3 kg) between a participant’s weight on the day of the tournament and the weight indicated on their registration form automatically results in a *genten ichi* for the participant at fault.

Guidelines for “Semi-Contact” participants:

- Participants in “Semi-Contact” fighting must be weighed by their dojo director so that each participant is placed in the correct weight category.
- Participants registered in the “Semi-Contact” competition must bring protective equipment that complies with the regulations in force (helmet, shin and foot protectors, gloves). A mouthguard and athletic supporter are optional but strongly recommended.

*****Disqualification without refund if the weight at the competition differs too greatly from the one recorded at registration (5 pounds or more) *****

Admission Fees for Spectators :

Ages 13 and over: 10\$

Ages 6-12: 5\$

Ages 5 and under: Free

Snack Bar :

Drinks, snacks, and healthy meals will be available for purchase at the competition site.

*The competition will be held at Louis-Philippe-Paré School, 235 Brisebois Blvd, Châteauguay, QC J6K 3X4
For any additional information, please visit www.budogiant.com

Budo Giant Challenge 2025

Coaches

We are pleased to welcome, free of charge, the Director (or designated representative) of each participating dojo as well as his/her coaches. The established ratio is one coach for approximately **5 registered participants (maximum of 3 coaches per dojo)**. Any additional coaches must pay the spectator admission fee in order to access the gymnasium.

Coaches will receive a pass allowing them access to the competition area. The number of coaches permitted inside the competition area will be limited so as not to interfere with the work of referees and volunteers. This measure also ensures spectators a better view.

Dojo Director

- 🌀 Upon arrival, the dojo director must report to the “dojo directors’ table”.
- 🌀 The dojo director will receive their pass, the list of events for their students, and any other relevant documents, if applicable.
- 🌀 The dojo director must notify organizers of any student absences, if applicable.
- 🌀 The dojo director will receive the passes for their coaches. All coaches must wear their pass in order to access the competition area.
- 🌀 The dojo director must pay the registration fees for their students.
- 🌀 The head referee will meet with all directors and coaches before the start of the matches.
- 🌀 The awarding of trophies for each category will take place as soon as the event has ended.

Coaches

The coaches designated by their dojo director will be responsible for the students of their dojo during the competition. Their main duties will be as follows:

- 🌀 Ensure that their students promptly report to the table of the designated area (as announced).
- 🌀 Ensure that their students participating in the competition wear the required equipment and remain near the competition area for the entire duration of the event.
- 🌀 Ensure that their students behave courteously and demonstrate good sportsmanship.
- 🌀 Ensure that the parents and friends of their students stay away from the competition area.
- 🌀 **Only one coach per fighter** is permitted near the fighting area; failure to comply may result in the fighter’s disqualification.

Budo Giant Challenge 2025

Kyokushin Traditional Kata Categories

Age	Belt	Kyu
5 - 6 years	White - Orange	All
7 - 8 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
9 - 10 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
11 - 12 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
13 - 14 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
15 - 16 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
17 years	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
18 years +	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	

Budo Giant Challenge 2025

“Semi-Contact” Fighting Categories

Only VERY light and controlled strikes to the head/helmet are permitted

Any attempt to “knock out” the opponent will result in disqualification

Age	Belt	Kyu
5 years & under – Girls	All belts	All
5 years & under – Boys	All belts	All
6 - 7 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
6 - 7 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
8 - 9 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
8 - 9 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
10 - 11 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
10 - 11 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
12 - 13 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
12 - 13 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	

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“Semi-Contact” Fighting Categories

Only light and very controlled strikes to the head/helmet are permitted (U17)

Any attempt to “knock out” the opponent will result in disqualification

Âge	Ceinture	Kyu
14 - 15 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
14 - 15 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
16 - 17 years – Girls	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
16 - 17 years – Boys	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
<u>Only controlled strikes to the head/helmet are permitted</u> <u>Any attempt to “knock out” the opponent will result in disqualification.</u>		
18 years & over – Women	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	
18 years & over – Men	White - Orange	10 - 9
	Blue - Yellow	8 - 7 - 6 - 5
	Green - Brown	4 - 3 - 2 - 1
	Black	

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Category: Kumite "Seniors"

Only light and very controlled strikes to the head/helmet are permitted (Seniors)
Any attempt to knock out the opponent will result in disqualification

40 years & over – Women	Belt	Kyu
	Green - Brown	4 th kyu to 1 st Kyu
	Black	Shodan & over
40 years & over – Man	Belt	Kyu
	Green - Brown	4 th kyu to 1 st Kyu
	Black	Shodan & over

Elite Kata Categories (Green Belt and Above)

1st round : Pinan Ni
 2nd round : Gekisai Sho
 3rd round : Saiha/Saifa
 4th round & finals : Free Choice

Full Contact / One Match Kumite Categories

Sex	Weight
Women Lightweight	- 50 kg : 110.23 lbs
Women Middleweight	50 kg - 54 kg : 119.05 lbs
Women Light Heavyweight	55 kg - 59 kg : 130.07 lbs
Women Heavyweight	60 kg - 65 kg : 143.30 lbs
Women Super Heavyweight	+65 kg : greater than 143.30 lbs
Men Lightweight	- 60 kg : 132.28 lbs
Men Middleweight	60 kg - 69 kg : 154.32 lbs
Men Light Heavyweight	70 kg - 79 kg : 176.37 lbs
Men Heavyweight	80 kg - 89 kg : 198.42 lbs
Men Super Heavyweight	+90 kg : greater than 198.42 lbs

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Age Group:	4 - 7	8 - 9 - 10	11 - 12 - 13	14 - 17	18 and over	18 and over
	Semi-Contact	Semi-Contact	Semi-Contact	Semi-Contact	Semi-Contact	Full-Contact
Chest Protector	Mandatory	Mandatory	N/A	N/A	N/A	N/A
Helmet	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory	N/A
Gloves	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory	N/A
Shin & Foot Protectors*	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory	N/A
Groin Protector* (boys)*	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory
Chest Guard* (girls)**	Optional	Optional	Mandatory	Mandatory	Mandatory	Mandatory
Mouthguard	Optional	Optional	Optional	Optional	Optional	Optional

Full-Contact Participant Categories	REQUIRED FOR PARTICIPANTS AGED 18 YEARS +
Beginner	<ul style="list-style-type: none"> - Holder of a minimum grade of 2nd Kyu (brown belt) and practicing karate for at least 6 years. - Minimum of 6 semi-contact championships.
Intermédiaire	<ul style="list-style-type: none"> - Holder of a minimum grade of 1st Kyu (brown belt, black stripe) and practicing karate for at least 7 years. - Minimum of 3 beginner full-contact championships.
Avancé	<ul style="list-style-type: none"> - Holder of a minimum grade of Shodan (black belt) and practicing karate for at least 7.5 years. - Minimum of 3 intermediate full-contact championships.
International	<ul style="list-style-type: none"> - Holder of a minimum grade of Shodan (black belt) and practicing karate for at least 8 years. - Minimum of 3 advanced full-contact championships.

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You must bring this sheet with you to the competition.

Individual Registration Form:

Last Name:		First Name:	
Gender:		Date of Birth:	
Phone:		Age at date of Competition:	
Weight (kg and lbs):		Height (inches):	
Rank (kyu):		Style:	
Dojo:		Instructor:	
Event(s):	Kata	Registration fees	65\$ for 1 or 2 events
	Elite Kata		65\$ Kata and/or Kumite
	Kumite		65\$ Elite Kata
	Full/One match		65\$ Full contact / One match

I, the undersigned, voluntarily submit this registration to participate in the BUDO GIANT CHALLENGE 2025 as a competitor and I agree to comply with the regulations in effect during this event. I also assume full responsibility for any damages, injuries, or other harm that I may suffer or cause during this karate competition. I waive any right to bring legal action or claims against the instructors or promoters of this tournament.

I consent to photos and/or videos representing me in the context of this competition being used for advertising or promotional purposes by the organizers of the BUDO GIANT CHALLENGE 2025, and I waive any right to monetary compensation in this regard. I understand that money paid (or to be paid) for this competition is under no circumstances refundable (except in the case of tournament cancellation). I accept that in the event of injury, the medical care provided to me on site will be limited to first aid treatment only.

I have read this document, I understand its meaning, and I freely agree to sign this liability release form granting me the opportunity to participate in this karate competition organized by *Le Centre de Karaté Perez IKO Inc.*

Participant's Health Status

Are you taking any medication?

If yes, please provide all relevant information (type, dosage, etc.) in the notes section.

- Diabetes No Yes
- Allergy No Yes
- Asthma No Yes
- Epilepsy No Yes
- Cardiovascular disorders No Yes
- Other conditions No Yes
- Have you ever suffered a concussion? No Yes date _____

If you have suffered a concussion within the last three months, participation will not be permitted.

Incorrect or missing statements may result in disqualification.

- All health information will be used solely for your safety during the Budo Giant Challenge (BGC). It will be made available to the BGC Committee and medical staff upon request. All health information will remain confidential.
- Supportive and protective bandages are not permitted during the first fight. All bandages must be authorized before use by one of the official doctors.
- Participation in the 11th Budo Giant Challenge is at the participant's own risk.
- I accept the above statements and declare that all the information provided is correct.

Signed at _____ on _____ 2025

Competitor's Signature : _____ Age : _____
(If 17 or under, parent or legal guardian must sign)

COMPETITOR'S / PARENT'S COMMITMENT

I hereby commit to respecting the regulations and refereeing decisions, to behaving respectfully toward all, to maintain sportsmanship under all circumstances, to encourage positively, and to represent Kyokushin and my dojo with honor and dignity.

Date : _____

Competitor's Name : _____

Competitor's Signature (18 years & over): _____

Parent/Guardian's Signature (if under 18): _____

Budo Giant Challenge 2025

Kata Evaluation System

1. The BUDO GIANT CHALLENGE 2025 is open to all traditional karate styles.
2. Participants must wear the full dogi (no T-shirt permitted).
3. Kata categories are defined according to the participants' age and belt level (kyu).
4. **A judging panel is composed of 3 or 5 judges, including the chief judge who oversees the competition.**
5. Each participant presents themselves to the judges and announces the kata they will perform. The chosen kata must be identified in advance.
6. All participants must perform a traditional kata. A traditional kata is a sequence of traditional karate techniques that can be taught and performed by all members of an organization; it is a required element for belt promotion tests, and not a kata custom-made for one or a few members of an organization.
7. Each participant receives a score — between 5 and 10 — from each judge; the total of the 5 scores is used to establish the participant's standing within their category.
8. If a participant chooses to perform a "non-traditional" kata, they will be disqualified, and each judge will award them the minimum score of 5.
9. Since traditional kata vary from one style to another, each participant is judged according to the following criteria:
 - basic stances
 - kicking techniques
 - punching and shuto (knife-hand) techniques
 - balance and fluidity
 - attitude and intensity
 - speed and control
 - level of difficulty of the kata
 - Kiai
10. Judges also take into account consistency in the execution of techniques. If a participant performs the same technique multiple times within a kata and it appears different each time, they will be penalized.

11. In order for judges to establish a baseline for evaluation, the first 3 participants of a category perform their kata in succession without receiving their scores. Each then returns before the judges to receive their respective scores. From that point on, the other participants perform their kata and receive their scores immediately after performing.
12. Each participant's performance is evaluated in comparison to the other participants of the same category.
13. In the case of a tie for first, second, or third place within a category, the chief judge will ask the tied participants to perform their kata again in order to determine the winner of the tied position.
14. Participants from 4th kyu to black belt must be prepared to perform two distinct traditional katas: a first kata, and a second kata in case of a tie for one of the top three positions. If a participant chooses to perform the same kata twice, each judge will deduct half a point.

ELITE KATA (GREEN BELT AND ABOVE)

1. For brown and black belts, the kata evaluation system in effect will be the one frequently used in Japan. It is an elimination system similar to kumite competitions.
2. Two participants perform their kata in turn, and the judges decide which participant advances to the next round according to a flag system — aka (red) or shiro (white). Thus, in order to progress within their category, a participant will have to perform different katas in accordance with the rules.

Budo Giant Challenge 2025

“Semi-Contact” Kumite Rules

1. KARATE CONTACT KUMITE WITH PROTECTIVE EQUIPMENT

A match involving two opponents who may strike each other “with force” provided they use legal techniques – as described in this document.

2. ELIGIBILITY

Fighters aged 5 and up, from 10th kyu (white belt) to black belt, grouped according to age, gender, kyu, and weight.

3. PROTECTIVE EQUIPMENT

Mandatory protective equipment: shin and foot guards, gloves, helmet

- Mouthguard: strongly recommended for all fighters
- Mouthguard or helmet with face grid: mandatory for fighters with orthodontic braces
- Athletic supporter (groin protector): mandatory for male fighters
- **Chest protector (plastron) : mandatory for ages 10 and under**
- **Chest protector (plastron): prohibited for fighters 11 and over**
- Chest guard (worn under uniform) : for **female fighters 11 and over**



PERMITTED

Wrist or ankle bandages : **prohibited for all fighters in their first match**

No glasses

No jewelry

4. REFEREEING TEAM

- A refereeing team consists of a central referee who supervises the fight, 2 or 4 corner judges who evaluate the fighters, a timekeeper and a scorer.

5. COACHES

- Each fighter is allowed one (1) coach, who may represent them to an organizer in case of conflict.
- Only each fighter's coach may sit near the fighting area.
- Coaches are never allowed to enter the fighting area.

6. MATCH DURATION

- 1 ½ minutes for ages 13 and under
- 2 minutes for ages 14 and over
- 1 minute for the first and only overtime round – (in case of a tie)

7. LEGAL TECHNIQUES

- To the Legs (above the knees): roundhouse kicks and knee strikes
- To the Body : punches, elbow strikes, knee strikes, and kicks (straight and circular techniques)

*****HEAD STRIKES :**

Ages 5–13 :

Only VERY light and controlled strikes to the head/helmet are permitted
Any attempt to knock out the opponent results in disqualification

Ages 14–17 :

Only light and very controlled strikes to the head/helmet are permitted (U17)
Any attempt to knock out the opponent results in disqualification.

Ages 18+ (non full-contact) :

Only controlled strikes to the head/helmet are permitted
Any attempt to knock out the opponent results in disqualification.

8. ILLEGAL TECHNIQUES

- **Ages 5 - 14: Roundhouse kicks to the head with force**
- Kicks to or below the knees
- Open-hand strikes, punches, elbow strikes, or headbutts to the **face, head, or neck**
- Any strikes (hand, fist, elbow, knee, foot) **to the groin or back**
- Direct knee or straight kick strikes **to the face**
- Grabbing
- Repeated pushing of the opponent

9. IPPON - WAZAARI

- **Ippon** : immediate victory following a legal technique that neutralizes or incapacitates the opponent for 3 seconds or more – Match ends
- **Waza-ari** : legal technique causing the opponent’s inability to perform (loss of guard, awareness, or stability) for less than 3 seconds – Match resumes
- **Second Waza-ari** : results in immediate victory (Awasete Ippon) – Match ends
- An Ippon or Waza-ari must be observed and signaled by a majority of judges and referees (2/3 or 3/5).
- The match is interrupted by the central referee, who makes the official announcement of the Ippon or Waza-ari.

10. CHUI ET GENTEN - OFFICIAL WARNINGS AND PENALTIES

- Official warnings and penalties are awarded by a majority of judges and referee (at least 2/3 or 3/5). The match is stopped and the central referee announces the warning or penalty.
- **Chui**: official warning following an infraction
- **Genten Ichi**: 1st penalty following 2 official warnings
- **Genten Ni - Shikakku**: 2nd penalty following 2 more official warnings – Disqualification of the fighter – Immediate victory for the opponent

11. HOW TO WIN A MATCH

- By **Ippon** - Immediate victory
- With **two Waza-ari** – Immediate victory (Awasete Ippon)
- By **unanimous decision** based on tally of Waza-ari and/or penalties at the end of regulation time
- By **favorable decision of a majority of judges and referee** at the end of regulation time
- By **disqualification** of the opponent (**Shikakku**) – Immediate victory
- By **forfeit** (withdrawal from the match) of the opponent – Immediate victory

“Full Contact / One Match” Kumite Rules

1. ELITE KARATE CONTACT FIGHTING WITHOUT PROTECTIVE EQUIPMENT

A match involving two opponents who may strike each other “with force” provided they use legal techniques – as described in this document.

2. ELIGIBILITY

Experienced fighters aged 18 and over, grouped by gender and weight – and possibly by age.

3. PROTECTIVE EQUIPMENT

- Athletic supporter (groin protector): **mandatory** for male fighters
- Mouthguard: **strongly recommended** for all fighters
- Chest guard (**no hard shell** worn under uniform) : **strongly recommended** for female fighters
- **Prohibited equipment**: helmet, gloves, shin guards, chest protector
- Wrist/ankle bandages: **prohibited for all fighters in the first match**
- Glasses: **prohibited**
- Jewelry: **prohibited**

4. REFEREEING TEAM

A refereeing team is composed of a central referee who oversees the bout, four corner judges who evaluate the fighters, a timekeeper, and a scorekeeper (fight monitoring).

The refereeing committee receives complaints from coaches and can intervene with the central referee.

5. COACHES

Each fighter is allowed one **(1) coach**, who may represent them to the head of refereeing in case of conflict

Only each fighter's coach may sit by the fighting area

Coaches are never allowed to enter the fighting area

6. MATCH DURATION *** (If One Match: 3 rounds of 2 minutes) ***

- Qualification match : **2 minutes**
- Quarterfinals, semifinals, and final: **3 minutes**
- **In case of a tie** – for all matches :
 - 1st overtime: **2 minutes**
 - **If tie remains** : weigh-in of fighters
 - If weight difference is less than 11 lbs (5 kg) for men or 7 lbs (3 kg) for women, last overtime duration : **2 minutes**
 - Otherwise : lighter fighter is declared the winner

7. LEGAL TECHNIQUES

Legs: roundhouse kicks and knee strikes

Body : punches, elbow strikes, knee strikes, and kicks (straight and circular)

Head : knee strikes and kicks (straight and circular)

8. ILLEGAL TECHNIQUES

- Kicks to or below the knees
- Open-hand strikes, punches, elbow strikes, or headbutts to the face, head, or neck
- Any strikes (hand, fist, elbow, knee, foot) to the groin or back

Budo Giant Challenge 2025

Lodging

Hôtel ALT au Quartier dix-30

<http://dix30.althotels.ca/>

6500 boulevard de Rome

Brossard, Québec

J4Y OB6

Tél : 450- 443-1030

Sans frais : 1-877-343-1030

Hôtel Brossard

<http://www.hotelbrossard.com/>

7365, boul. Marie-Victorin

Brossard, Québec

J4W 1A6

Tél : 514-890-1000

450-671-4949

Sans frais : 1-877-890-1008

Hôtel Best Western

<http://www.bwbrossardhotel.com/>

7746, boul. Taschereau

Brossard, Québec

J4X 1C2

Sans frais : 1-800-465-0041

Hôtel Manoir D'Youville

<http://www.manoirdyouville.ca>

498 boul. D'Youville

Île Saint-Bernard

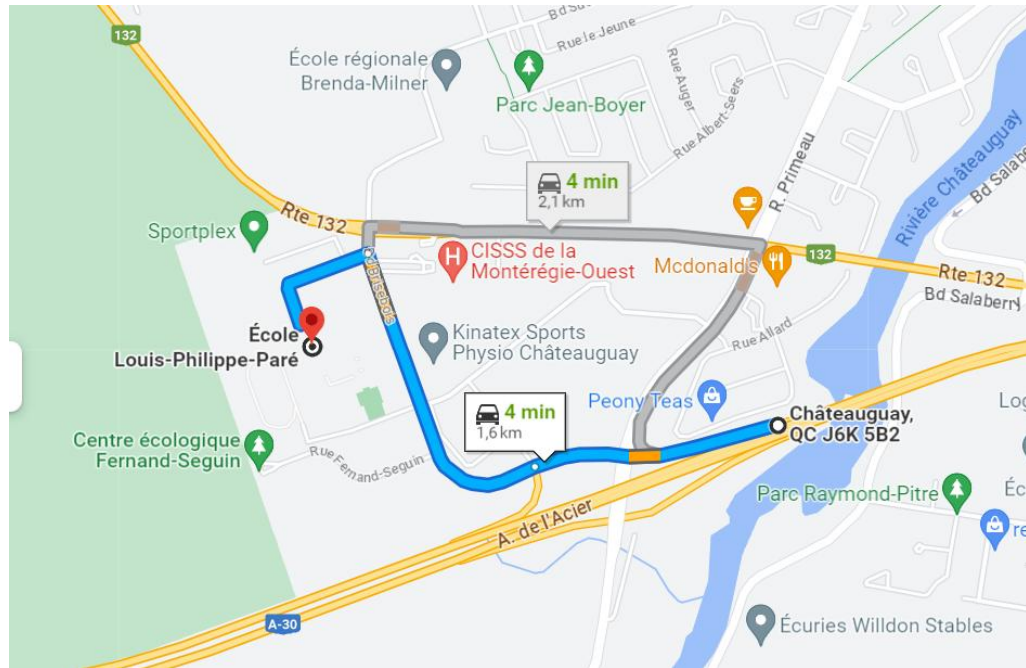
Chateauguay, Québec

J6J 5T9

Tel: 1-844-900-8291

450-692-8291

Budo Giant Challenge 2025



Directions:

- Take Highway 30 West
- Head west on Exit 35 toward Chemin de la Haute-Rivière / Rue De La Haute-Rivière.
- Continue straight on Brisebois Boulevard
- Turn left

École Louis-Philippe-Paré

235 Brisebois Blvd, Châteauguay, QC J6K 3X4

Budo Giant Challenge 2025

Quick Reference Guide www.budogiant.com

Competition on Octobre 25, 2025
École Louis-Philippe-Paré
235 Brisebois Blvd, Châteauguay, QC J6K 3X4

Registration between 8:00 et 9:00.

Registration fees are payable in cash by the dojo director.

Morning (A.M.): Kata and kumite events for participants aged 5 to 14

Afternoon (P.M.): Kata, Elite Kata, and fighting events for participants aged 15 and over

Full Contact / One Match fights:

Trophy presentations to winners immediately after each event

Weigh-in for “Full Contact / One Match” fighters at 12:00 p.m. at the competition site

Snack Bar: Drinks, snacks, and light meals will be available for purchase at the competition site.

Spectator Admission Prices:

Ages 13 and over: \$10

Ages 6-12: \$5

Ages 5 and under: Free

Important : All spectators must remain outside the competition area in order to facilitate the work of referees and volunteers. Only duly identified directors and coaches are permitted inside the competition area.

All equipment from each dojo must remain in the designated waiting room so as not to obstruct the hallways around the spectators and competition areas.